



Towards measuring outcome in radiological optimisation

CORES symposium 2018 - Tampere



HELSINKI UNIVERSITY
DEPARTMENT OF PHYSICS

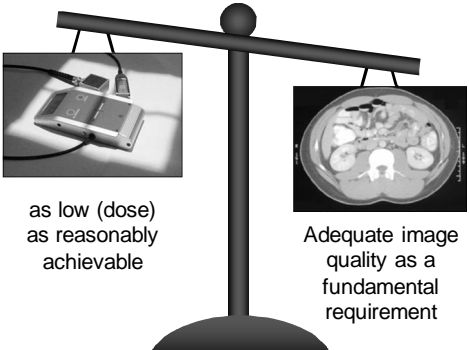


HUS Medical Imaging Center

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Outline

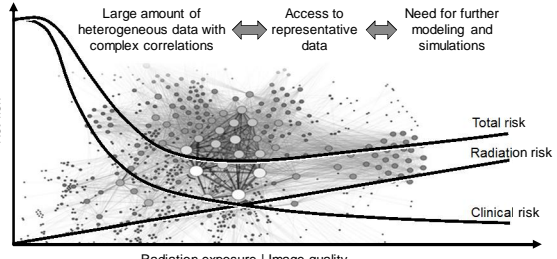
- Developing optimisation process
- Quantification from measurable physics parameters towards more comprehensive and effective clinical parameters
- Radiomics – providing tools for quantification



as low (dose)
as reasonably
achievable

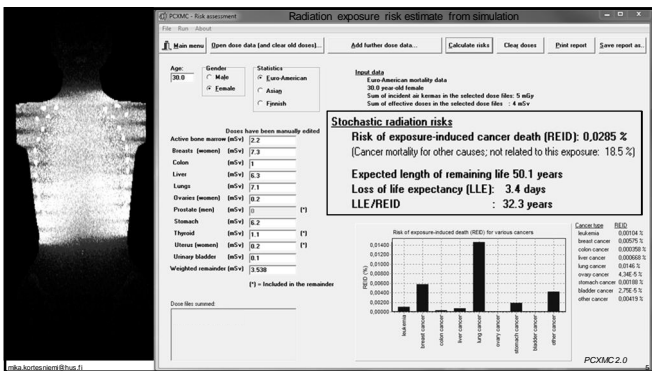
Adequate image
quality as a
fundamental
requirement

Optimisation by comprehensive risk model – combining clinical risk and radiation risk



Radiation exposure | Image quality

Samuli Järvinen, Korttesniemi et al. 2018



Radiation exposure risk estimate from simulation

Age: 30.0 Gender: Male Statistics: Euro-American
 Ethnicity: Finnish Sum of incident dose: 5 mSv
 Sum of effective dose in the selected dose files: 4 mSv


Stochastic radiation risks

Risk of exposure-induced cancer death (REID): 0,0205 %
 (Cancer mortality for other causes; not related to this exposure: 18,5 %)

Expected length of remaining life: 50.1 years
Loss of life expectancy (LLE): 3.4 days
LLE/REID : 32.3 years

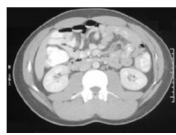
Risk of exposure-induced death (REID) for various cancers

Cancer type	REID (%)
breast cancer	0.00000
colorectal cancer	0.00000
lung cancer	0.00000
pancreatic cancer	0.00000
prostate cancer	0.00000
stomach cancer	0.00000
other cancer	0.00000

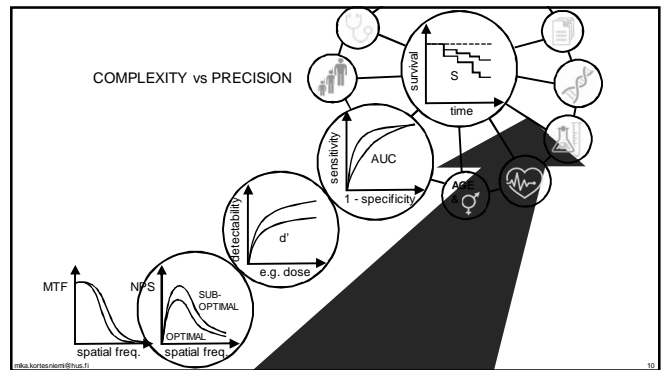
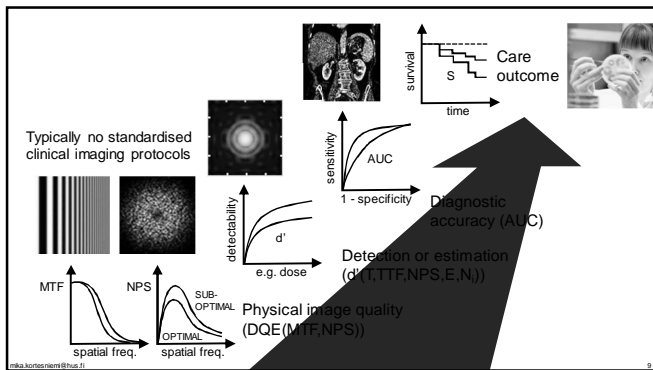
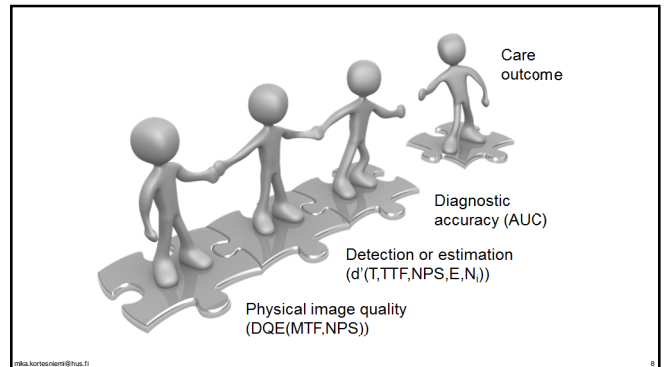
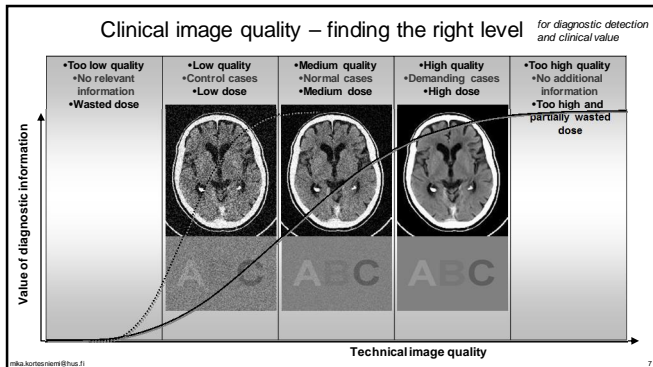


ALARA
as low (dose)
as reasonably
achievable

➔



AHARA
as high (clinical benefit)
as reasonably
achievable



Radiomics – method for quantification

Radiomics = field of medical study that aims to extract large amount of quantitative features from medical images using data-characterisation algorithms.

Machine learning = type of artificial intelligence that allows software applications to become more accurate in predicting outcomes without being explicitly programmed.

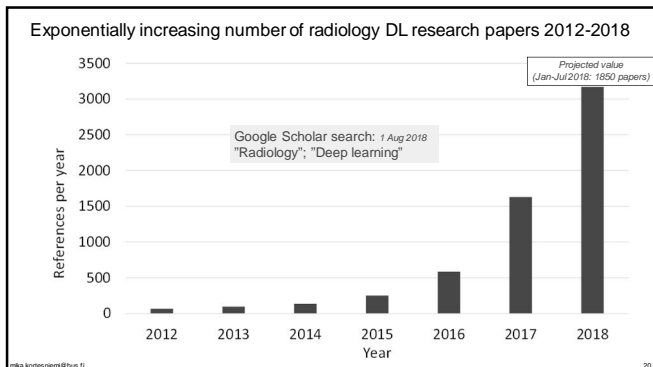
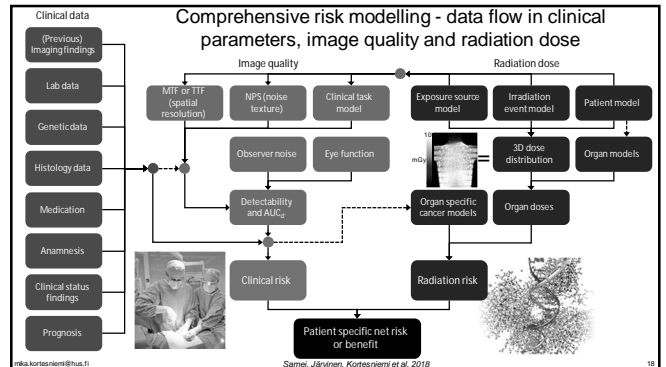
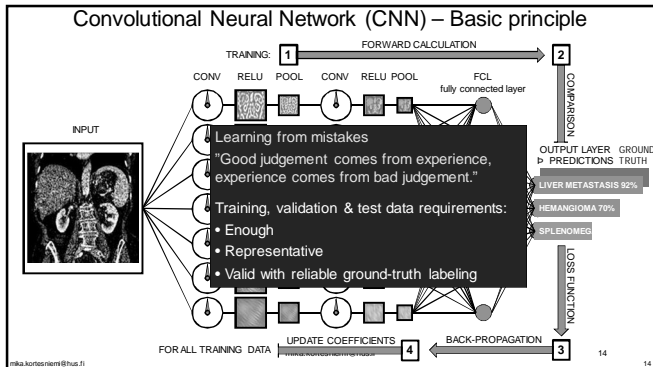
Radiomics – method for quantification

Radiomics = field of medical study that aims to extract large amount of quantitative features from medical images using data-

Mac software

- Æ LOCALISATION
- Æ SEGMENTATION
- Æ CLASSIFICATION
- Æ OUTCOME PREDICTION

ows
ting



Challenges of deep learning methods from imaging data to clinical parameters

- 1) Access to the training/validation/test data:** technical, ethical and legal issues to be solved
- 2) Data QA and labeling:** data values themselves, standardization, heterogeneity of the data sources, provision of data labeling & annotations.

MTF → d' → AUC → S → GROUND TRUTH

TRAINING, VALIDATION, TESTING, PROSPECTIVE TRIALS

Litrens 2017, Suzuki 2017

AI technology shows *considerable potential* for aiding radiology's transition to value-based healthcare, but these methods must be verified & validated to provide *quantifiable benefits*:

- improving care outcome
- increasing health
- reducing costs
- streamlining processes
- avoiding errors
- ensuring consistent quality

Quantified imaging quality chain towards clinical level:

- Æ Higher diagnostic accuracy and effectiveness
- Æ Provision of imaging biomarkers relevant to care outcome
- Æ Support for continual decision-making process in healthcare

- PREDICTIVE · PERSONALISED · PREVENTIVE -

Thank you
Kitos